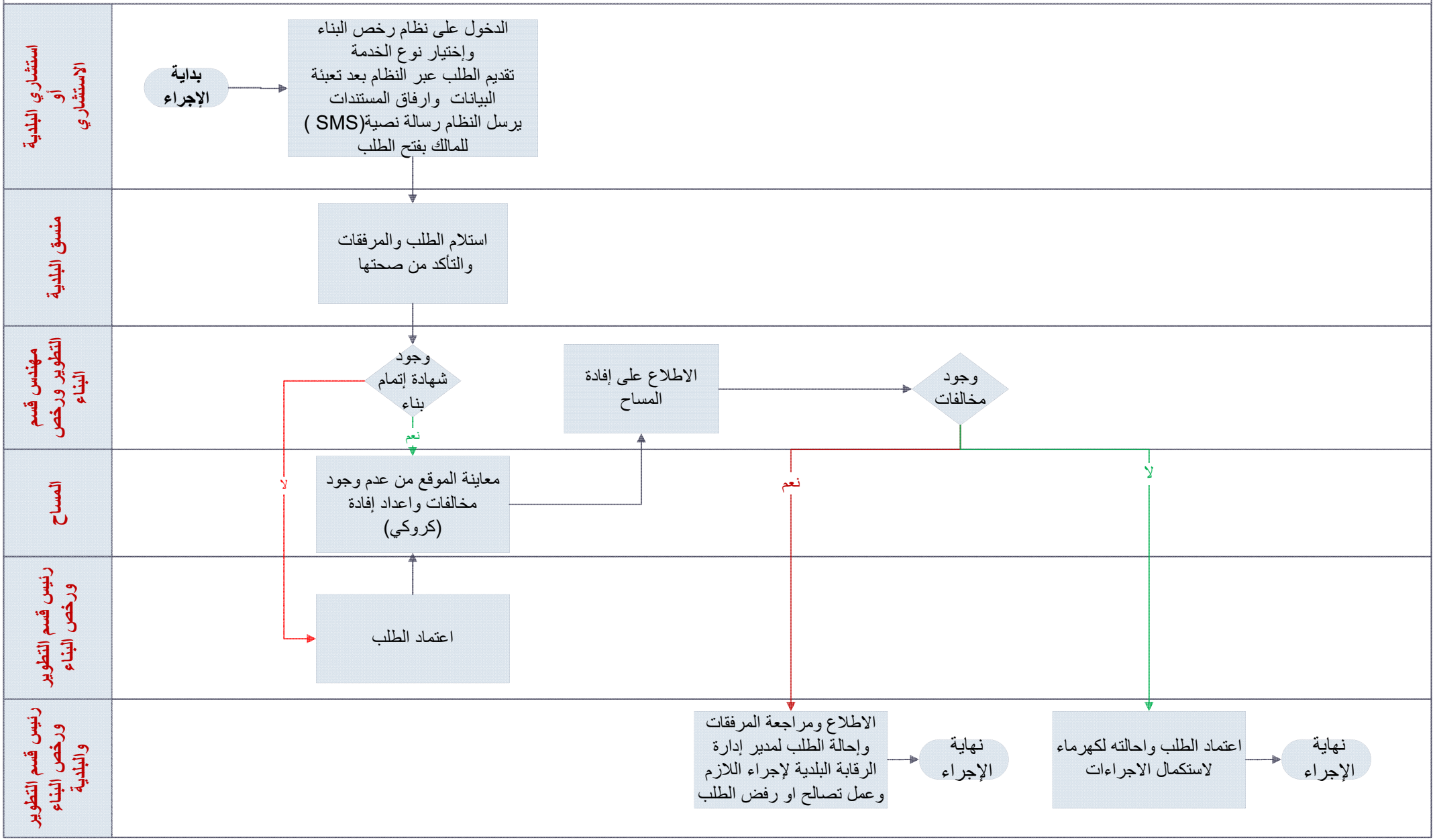طلب زيادة أحمال كهرباء